

INDOOR ALL COMER RESULTS

Thursday, January 1, 2009 at Bethel University

Mile- Danny Ducharme 4:35.8 (=4:34.0 1600) (2:16, 2:19) (1st) ; Josh Gerber 5:13.0 (2:34, 2:39)

800- Danny Ducharme 2:09.8 (1st), Chris Wilson, 2:13.6, Pat Nelson 2:37.7

400- Vignesh Karthikeyan 56.7 (1st); Josh Gerber 62.0

NEXT ALL COMERS:

Monday, January 12 Meet of Miles @ 6:15 p.m., University of Minnesota Fieldhouse

Sunday, January 18 Isolation Challenge @ Bethel University

Doors open at 9 AM; the first event starts at 9:30 AM

Events in this order: 3000m - 200m - 800m – Mile Run & RaceWalk - 400m